

# Newsheet

Autumn 2024

est. 2020

Welcome to the first edition of Re:store news!

We're producing this for those who are interested in our work - we aren't always great at shouting about what we're up to, so this is a platform for that!

In this edition we'll highlight some of the projects we've been involved in recently but if you want a greater history go and check out our new website.



[www.restoreseaton.co.uk](http://www.restoreseaton.co.uk)



Meet our team





# DID YOU KNOW?

We have **20+** community projects

**26 people** visited by our befrienders each week

**£26,000** spent on community the last year

**600+** school children read with

Working with **children, families and older people**

**100's of people** coming through our café each week

Karen our lead befriender





# Spotlight

## Family Check in Service

In July we began a new project working with families to navigate some of the challenges of life, based around mental, physical, social and financial help. We are working with some great partners on this, including: Waffle, C.A.P, Citizens Advice and other statutory organisations.

We're really pleased that Stacey joined us this summer to lead this exciting project, so far she has alleviated housing issues with the help of EDDC, debt relief with CAP and compensation matters with a professional. Having someone who is able to stand alongside those in need and walk with them is proving to be a great success. People have commented on the comfort it is to be working with an individual who is able to fight their cause and isn't connected to a statutory organisation and often removing the fear which is often associated.

Stacey is also the lead for Headlight a youth project run by Action East Devon and hosted and funded by Re:store in the Waffle Café on a Tuesday evening. The group is for those struggling with their mental health with peer support and activities to help them express themselves.



*Stacey*





# Making stuff happen

CYCLING  
WITHOUT  
AGE



Something which we have realised more recently is that we are good at seeing needs locally, being a catalyst for getting a project running and then building a team or finding an existing team to run with it.

Our most recent example of this is Seaton Cycling Without Age, an initiative using a Trishaw to get people out of care homes and out in to the fresh air. This is a worldwide movement and has brought a smile to thousands of faces as they reach places like sea fronts which they may not have accessed for years.

Re:store has been able to initiate things in Seaton and begin to get this off the ground.

Earlier in the year we purchased a second hand bike from a group in London so we could show it off locally at events like the Grizzly. We can now use this for training and taking out and about to get people onboard with the concept.

We have also been busy with raising money at the Seaton Summer Celebration in June and helping to setup a charity to get this up and running in 2025.



Watch an inspiring video on this below:



Impressing  
Richard Foord MP



We are still raising funds for a new bike for Seaton, if you can help with this or want to get involved click on our website or get in touch just click below.





# Saving the empty wing at Seaton Hospital

Since 2023 we have been working as part of a larger team in working to bring a plan together to save the empty wing of Seaton hospital from demolition (one suggested action for the space).

Since November last year Ben from Re:store has been working on a business plan, bringing together a multi partner use for the space. We have a vision for the 1000m2 area becoming a hub for health and wellbeing with services benefitting the whole community from young to old.

In June this year we handed over a robust business plan which we hope will be well received by NHS property services and the ICB. Special thanks go to Seaton Hospital League of Friends who have kindly helped to finance the time required to put this plan together.

If accepted we are keen to begin working towards implementing this plan and converting this empty space in to a fantastic hub for the community of Seaton.

We are still waiting for comments on the plan and continue with regular meetings with the NHSPS and the ICB to find a way forward.



If you feel that you have anything to offer in a way of support, skills or time to this project (or an other), we would welcome your help!

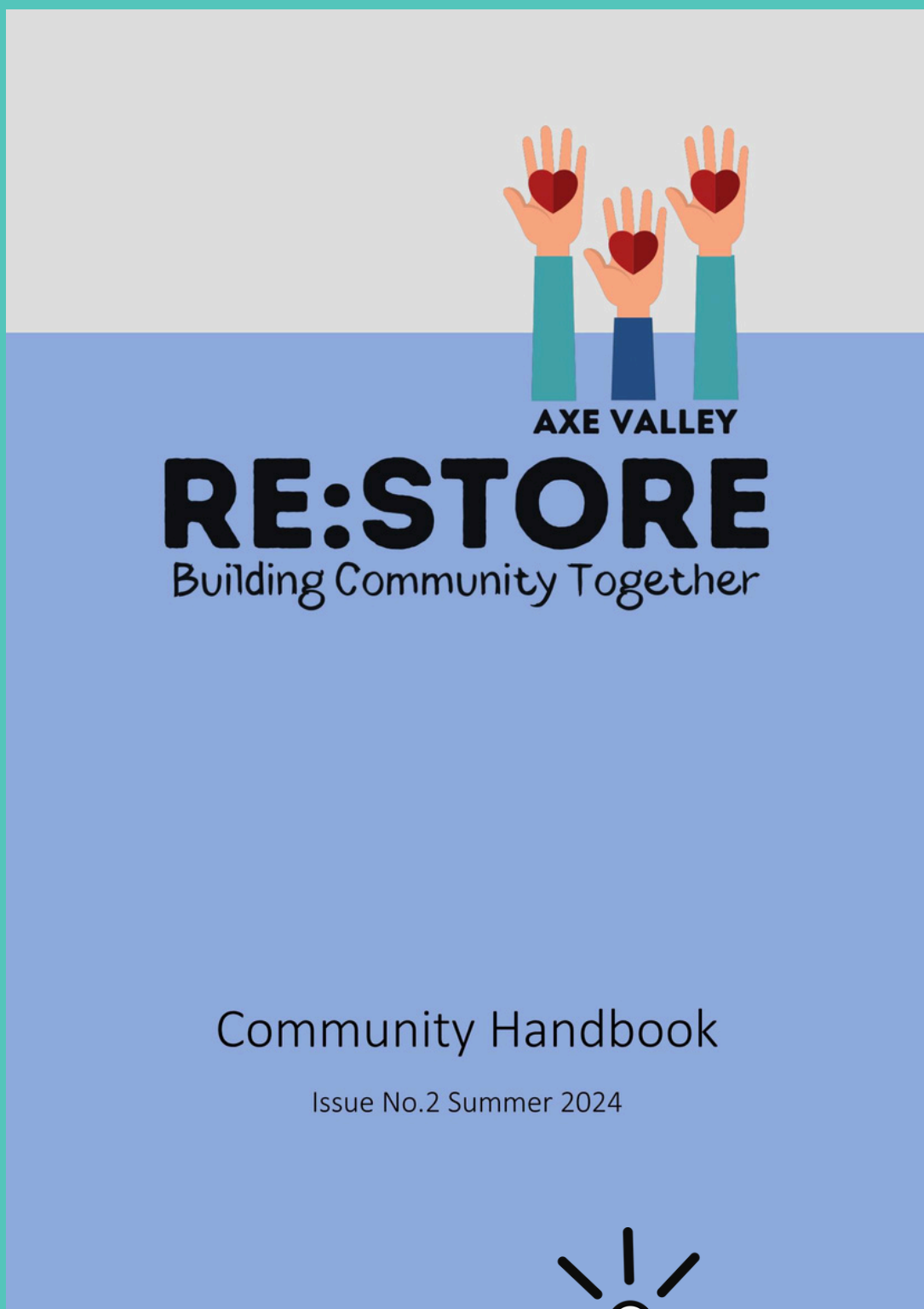


# Community Handbook

As part of our voluntary sector representative work and our quarterly network meetings we have realised the need for a physical handbook for older people who appreciate and need information away from the digital world.

This has led to the creation of an updated handbook which lists all community groups, wellbeing initiatives, health, finance and support groups in and around Seaton and the Axe Valley.

Re:store has funded this for the second time as well as the original lock down handbooks in 2020/21. For our next edition we are looking to expand the information and look for other contributions from community businesses or groups.



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Building Community Together